

January 2020
Solstice Senior Living at Grand Valley

		BE VIBRANT. BE YOU.			Solstice Senior Living at Grand Valley	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SOLSTICE SENIOR LIVING AT GRAND VALLEY	3260 North 12th Street Grand Junction, CO 81506 970-256-0006	Location Keys Activity Room AR Chapel Ch 3Fl. Dining Room D Field Trip B First Floor 1F Game Room 2F Lobby L Theater Room Wellness Room WR	New Year's Day New Years Day 9:30 Morning Exercises [WR] 10:30 Dime Bingo [AR] 11:30 Lunch Bunch: Longhorn Grill [B] 1:30 Bridge [2F] 1:30 Rummikub [AR] 6:30 Chicken Foot Dominoes [2F]	9:30 Walking Club [L] 1:30 Rummikub [2F] 2:00 Thrift Shopping Outing [B] 3:30 Conversation Club [AR] 4:00 Skip-Bo [2F] 6:30 Poker 5 card Draw [2F]	9:30	9:30 Walking Club [L] 10:00 Coffee & Doughnut Social [AR] 1:30 Hand and Foot [2F] 2:00 Saturday Movie Matinee: Indiana Jones 1 [3Floor] 3:00 Uno [2F] 6:30 Skip-Bo & Rummikub [2F]
9:00 ★ Solstice Church Service [AR] 9:30 ★ Catholic Communion [Ch 3Fl.] 1:30 ► Rummikub [1F] 3:00 ★ Ice Cream Social [AR] 3:30 ★ Fellowship & Song w/Bob L. [Ch 3Fl.] 4:30 ★ Paparazzi Jewelry with Marci [L] 4:30 ★ Walking Club [L] 6:30 ★ Quarter Bingo [AR]	9:30 ➤ Thera-Bands w/ Charlotte [WR] 10:30 ➤ Dime Bingo [AR] 1:30 ➤ Monday Movie Matinee: Indiana Jones 2 [3Floor] 3:00 ★ Sing Along [AR] 4:00 ➤ Puzzles [2F] 4:00 ➤ Uno [2F] 6:30 ► Scrabble [AR]	10:00 ★ Bible Study [AR] 1:00 ✔ Vital Check & Physical Therapy-Kindred at Home [L] 1:30 ★ Mexican Train Dominoes [2F] 1:30 ✔ Pinochle [2F] 3:00 ▶ Bean Bag Baseball [AR] 6:30 ▶ Skip-Bo [2F]	9:30 Morning Exercises [WR] 10:30 Dime Bingo [AR] 11:30 Lunch Bunch: Munchies [B] 1:30 AAA Hearing [WR] 1:30 Bridge [2F] 1:30 Rummikub [AR] 6:30 Chicken Foot Dominoes [2F]	9:30 Walking Club [L] 10:00 Community Chat W/ Ada & Annette [WR] 1:30 Rummikub [2F] 2:00 Food for Thought w/Chef Sef [AR] 3:30 Conversation Club [AR] 4:00 Skip-Bo [2F] 6:30 Poker 5 card Draw [2F]	9:30 Morning Exercises [WR] 10:30 Scrabble [2F] 12:00 Dress in Black and White 2:00 Culinary Commitee [D] 3:00 Happy Hour [AR] 4:00 Puzzle Hour [2F] 6:30 Quarter Bingo [AR]	9:30 Walking Club [L] 10:00 Coffee & Doughnut Social [AR] 1:30 Hand and Foot [2F] 2:00 Saturday Movie Matinee: Indiana Jones 3 [3Floor] 3:00 Uno [2F] 6:30 Skip-Bo & Rummikub [2F]
9:00 ★ Solstice Church Service [AR] 9:30 ★ Catholic Communion [Ch 3FI.] 1:30 ► Rummikub [1F] 3:00 ★ Ice Cream Social [AR] 3:30 ★ Fellowship & Song w/Bob L. [Ch 3FI.] 4:30 ➤ Walking Club [L] 6:30 ★ Quarter Bingo [AR]	9:30 Thera-Bands w/ Charlotte [WR] 10:30 Dime Bingo [AR] 1:30 Monday Movie Matinee: The man form left field [3Floor] 3:00 Sing Along [AR] 3:30 Vibrant Life Meeting [AR] 4:00 Puzzles [2F] 4:00 Uno [2F] 6:30 Scrabble [AR]	10:00 ★ Bible Study [AR] 11:00 ★ Avon with Merdie [WR] 1:00 ❤ Vital Check & Physical Therapy-Kindred at Home [L] 1:30 ★ Mexican Train Dominoes [2F] 1:30 ❤ Pinochle [2F] 3:00 P Bean Bag Baseball [AR] 6:30 Kip-Bo [2F]	9:30 Morning Exercises [WR] 10:30 Dime Bingo [AR] 11:30 Lunch Bunch: Mary's [B] 1:30 Bridge [2F] 1:30 Rummikub [AR] 3:00 Resident Ambassador Meeting [WR] 6:30 Chicken Foot Dominoes [2F]	9:30 Walking Club [L] 10:00 Gold Key Club informational Ice Cream Social [AR] 1:30 Rummikub [2F] 2:00 Staff Meeting (Wellness Room Reserved) [WR] 3:30 Conversation Club [AR] 4:00 Skip-Bo [2F] 6:30 Poker 5 card Draw [2F]	9:30 ♥ Morning Exercises [WR] 10:30 ♥ Scrabble [2F] 11:30 ★ Dress Up:Wear your Scarves & Ties [D] 3:00 ♥ Happy Hour [AR] 4:00 ♥ Puzzle Hour [2F] 6:30 ♥ Quarter Bingo [AR]	9:30 Walking Club [L] 10:00 Coffee & Doughnut Social [AR] 1:30 Hand and Foot [2F] 2:00 N. 7th.Historical Residential Drive & Enstroms [B] 2:00 Saturday Movie Matinee: Janette Oke 1 [3Floor] 3:00 Uno [2F] 6:30 Skip-Bo & Rummikub [2F]
9:00 ★ Solstice Church Service [AR] 9:30 ★ Catholic Communion [Ch 3Fl.] 1:30 ► Rummikub [1F] 3:00 ★ Ice Cream Social [AR] 3:30 ★ Fellowship & Song w/Bob L. [Ch 3Fl.] 4:30 ➤ Walking Club [L] 6:30 ★ Quarter Bingo [AR]	Martin Luther King, Jr. Day 9:30 ♥ Thera-Bands w/ Charlotte [WR] 10:30 ♥ Dime Bingo [AR] 1:30 ♠ Monday Movie Matinee: Janette Oke 2 [3Floor] 3:00 ★ Sing Along [AR] 4:00 ♥ Puzzles [2F] 4:00 ♥ Uno [2F] 6:30 ▶ Scrabble [AR]	10:00 ★ Bible Study [AR] 1:00 ✔ Vital Check & Physical Therapy-Kindred at Home [L] 1:30 ★ Mexican Train Dominoes [2F] 1:30 ✔ Pinochle [2F] 3:00 伊 Bean Bag Baseball [AR] 6:30 伊 Skip-Bo [2F]	9:30 Morning Exercises [WR] 10:30 Dime Bingo [AR] 11:30 Lunch Bunch: Pufferbelly [B] 1:30 Bridge [2F] 1:30 Rummikub [AR] 6:30 Chicken Foot Dominoes [2F]	9:30 Walking Club [L] 10:30 All Resident Meeting [AR] 1:30 Rummikub [2F] 3:30 Conversation Club [AR] 4:00 Skip-Bo [2F] 6:30 Poker 5 card Draw [2F]	9:30 ♥ Morning Exercises [WR] 10:30 ♥ Scrabble [2F] 12:30 ★ Dress Up: Purple & Grey [D] 3:00 ₩ Happy Hour [AR] 4:00 ♥ Puzzle Hour [2F] 6:30 ₩ Quarter Bingo [AR]	9:30 Walking Club [L] 25 10:00 Coffee & Doughnut Social [AR] 1:30 Hand and Foot [2F] 2:00 Saturday Movie Matinee: Janette Oke 3 [3Floor] 3:00 Uno [2F] 6:30 Skip-Bo & Rummikub [2F]
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