August 2019
Solstice Senior Living at Grand Valley

		BE VIBRANT. BE YOU.			Solstice Senior Living at Grand Valley	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SOLSTICE SENIOR LIVING AT GRAND VALLEY	Be Adventurous Be Challenged Be Connected Be Family Be Inspired Be Social Be Well	Location Keys Activity Room AR Chapel Ch 3Fl. Dining Room D Field Trip B First Floor 1F Game Room 2F Lobby L Theater Room Wellness Room WR		Happy Birthday: Donna Shawe 9:30 Walking Club [L] 11:00 Lunch Bunch [B] 1:30 Rummikub [2F] 2:00 Food for Thought w/ Chef Sef [AR] 4:00 Skip-Bo [2F] 6:30 Poker 5 card Draw [2F]	Happy Birthday: Liz Larson 9:30	9:30 Walking Club [L] 10:00 Coffee & Doughnut Social [AR] 1:30 Hand and Foot [2F] 2:00 Bean Bag Baseball [AR] 3:00 Uno [2F] 4:00 Stitch for a Cause Baby Cap [L] 6:30 Skip-Bo & Rummikub [2F]
Happy Birthday: Marilyn Shrout 9:00 ★ Solstice Church Service [AR] 9:30 ★ Catholic Communion [Ch 3Fl.] 10:30 ★ Self Realization with Ruth [Ch 3Fl.] 1:30 ► Rummikub [1F] 3:00 ★ Ice Cream Social [AR] 3:30 ★ Fellowship & Song w/Bob L. [Ch 3Fl.] 4:30 ❤ Walking Club [L] 6:30 ★ Quarter Bingo [AR]	9:30 Thera-Bands w/ Charlotte [WR] 10:30 Mine Bingo [AR] 1:30 Monday Movie Matinee [3Floor] 3:00 Mine Sing Along with Del [AR] 4:00 Puzzles [2F] 4:00 Uno [2F] 6:30 Scrabble [AR]	10:00 ★ Bible Study [AR] 1:00 ❤ Vital Check & Physical Therapy-Kindred at Home [L] 1:30 ★ Mexican Train Dominoes [2F] 1:30 ❤ Pinochle [2F] 6:30 ★ Skip-Bo [2F]	9:30 Morning Exercises [AR] 10:30 Dime Bingo [AR] 1:30 Bridge [2F] 1:30 Rummikub [AR] 2:30 Arts and Crafts [AR] 4:00 Book Club [WR] 6:30 Chicken Foot Dominoes [2F]	[L] 11:00	A Trip to the Movies Outing (Sign up in Bus Book) 9:30 ❤ Morning Exercises [WR] 10:30 ❤ Scrabble [2F] 12:00 ★ Dress in Black and White 3:00 ❤ Happy Hour with Dell and Wendy [AR] 4:00 ❤ Puzzle Hour [2F] 6:30 ❤ Quarter Bingo [AR]	Happy Birthday: Marijke B. 9:30 Walking Club [L] 10:00 Coffee & Doughnut Social [AR] 1:30 Hand and Foot [2F] 2:00 Bean Bag Baseball [AR] 3:00 Uno [2F] 4:00 Volunteering Oportunities [AR] 6:30 Skip-Bo & Rummikub [2F]
9:00 ★ Solstice Church Service [AR] 9:30 ★ Catholic Communion [Ch 3Fl.] 10:30 ★ Self Realization with Ruth [Ch 3Fl.] 1:30 ► Rummikub [1F] 3:00 ★ Ice Cream Social [AR] 3:30 ★ Fellowship & Song w/Bob L. [Ch 3Fl.] 4:30 ➤ Walking Club [L] 6:30 ★ Quarter Bingo [AR]	9:30 Thera-Bands w/ Charlotte [WR] 10:30 Dime Bingo [AR] 1:30 Monday Movie Matinee [3Floor] 3:00 Sing Along with Del [AR] 4:00 Puzzles [2F] 4:00 Uno [2F] 6:30 Scrabble [AR]	10:00 ★ Bible Study [AR] 1:00 ➤ Avon with Merdie [WR] 1:00 ➤ Vital Check & Physical Therapy-Kindred at Home [L] 1:30 ➤ Mexican Train Dominoes [2F] 1:30 ➤ Pinochle [2F] 3:30 → Vibrant Life Meeting [AR] 6:30 ► Skip-Bo [2F]	9:30 Morning Exercises [AR] 10:30 Morning Exercises [AR] 1:30 AAA Hearing [WR] 1:30 Bridge [2F] 1:30 Rummikub [AR] 2:30 A Look in the Past Presentation [AR] 4:00 Travel Club [AR] 6:30 Chicken Foot Dominoes [2F]	9:30 Walking Club [L] 11:00 Lunch Bunch [B] 1:30 Rummikub [2F] 4:00 Skip-Bo [2F] 6:30 Poker 5 card Draw [2F]	9:30	Happy Birthday: Jim Stitt 9:30
9:00 ★ Solstice Church Service [AR] 9:30 ★ Catholic Communion [Ch 3Fl.] 10:30 ★ Self Realization with Ruth [Ch 3Fl.] 1:30 ► Rummikub [1F] 3:00 ★ Ice Cream Social [AR] 3:30 ★ Fellowship & Song w/Bob L. [Ch 3Fl.] 4:30 ❤ Walking Club [L] 6:30 ★ Quarter Bingo [AR]	9:30 Thera-Bands w/ Charlotte [WR] 10:30 Dime Bingo [AR] 1:30 Monday Movie Matinee [3Floor] 3:00 Sing Along with Joey [AR] 4:00 Puzzles [2F] 4:00 Uno [2F] 6:30 Scrabble [AR]	10:00 ★ Bible Study [AR] 1:00 ❤ Vital Check & Physical Therapy-Kindred at Home [L] 1:30 ❤ Mexican Train Dominoes [2F] 1:30 ❤ Pinochle [2F] 3:30 ♠ Resident Ambassador Meeting [WR] 6:30 ♠ Skip-Bo [2F]	[AR]	9:30 Walking Club [L] 10:30 All Resident Meeting [AR] 11:00 Lunch Bunch [B] 1:30 Rummikub [2F] 4:00 Skip-Bo [2F] 6:30 Poker 5 card Draw [2F]		Happy Birthday: Mary Bell 9:30 ♥ Walking Club [L] 10:00 ♥ Coffee & Doughnut Social [AR] 1:30 ● Hand and Foot [2F] 2:00 ▶ Bean Bag Baseball [AR] 3:00 ▶ Uno [2F] 4:00 ★ Volunteering Oportunities [AR] 6:30 ▶ Skip-Bo & Rummikub [2F]
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